

Homily Hints

The Big Question:

“How do I make decisions?”

Chapter Goals:

1. to know that our conscience is our moral compass, directing us in our moral decision-making
2. to care for our conscience by forming it well and also by doing what is right
3. to follow Jesus not only by making good personal decisions but also by working to end unjust behaviors and conditions in society.

Homily Hints:

Young people are asked to make more and more important decisions as they grow. Catholic young people have a great tool to help them make tough decisions: their conscience. Using their conscience as their moral compass gives them a point of reference to make good moral decisions.

But forming their conscience will take work and effort. When talking to the young people, you might liken this process to training for a sport, or practicing a musical instrument, or developing another skill. Practice, reflection, and self-assessment are necessary to a well formed conscience. Staying connected to the Church also helps young people to be confident in making good personal decisions that affect others. Encourage young people to regularly participate in the Sacraments of Eucharist and Penance.

Notes