

Homily Hints

The Big Question:

“How does unity with others strengthen me?”

Chapter Goals:

1. to recognize Jesus in the Eucharist and in his Body, the Church
2. to be thankful for Jesus’ gift of himself in the Eucharist
3. to share the strength and love of Jesus with others.

Homily Hints:

Your conversation can begin with a story about sports. Almost everyone has been to a game which started out slow and finished with a last minute play that won the game. The spectators started as individuals watching the game, but by the time it was finished everyone felt part of one body cheering on their team to victory.

One dimension of the Eucharist is this idea or theme of unity. The Eucharist, which is Jesus’ gift of himself, is the sign and symbol of our unity as Catholics. As we celebrate the Eucharist at Mass on Sunday we find ourselves experiencing the strength and love Jesus gives us through himself.

Just as in the example given to begin the conversation, we begin the celebration of the Eucharist as individuals in need of God’s presence in our lives. During the Mass we hear our stories read to us, and we are brought forward as a people with the excitement of Jesus’ message. We end unified as we have recognized Jesus in the Eucharist and now recognize ourselves as the Body of Christ.

Notes

Notes
